

Term	MYP1	MYP2	MYP3	MYP4	MYP5
Michaelmas HT1	<p>Goal setting Content: Organisation skills and self-awareness: <ul style="list-style-type: none"> Personal identity and values Learning skills and teamwork Respect in school </p> <p>Literacy: Worksheets Numeracy: British values: Individual Liberty</p>	<p>Self Care Content: Risk management skills, analytical skills and strategies to identify bias: <ul style="list-style-type: none"> Managing online presence Digital and media literacy </p> <p>Literacy: Worksheets Numeracy: British values: Respect & Tolerance</p>	<p>Self Worth Content: Self-confidence, risk management and strategies to manage influence: <ul style="list-style-type: none"> Friendship challenges Gangs and violent crime Drugs and alcohol Assertive communication </p> <p>Literacy: Worksheets Numeracy: British values: Rule of Law, Respect & Tolerance</p>	<p>Empathy & Compassion Content: Developing empathy and compassion, strategies to manage influence and assertive communication: <ul style="list-style-type: none"> Relationship expectations Impact of pornography Identifying and responding to abuse and harassment </p> <p>Literacy: Worksheets Numeracy: British values: Rule of Law, Respect & Tolerance</p>	<p>Empathy & Compassion Content: Developing empathy and compassion, strategies to manage influence and assertive communication: <ul style="list-style-type: none"> Relationship expectations Impact of pornography Identifying and responding to abuse and harassment </p> <p>Literacy: Worksheets Numeracy: British values: Rule of Law, Respect & Tolerance</p>
Cross Curricular		Science, Maths		English	Maths, Drama
Michaelmas HT2	<p>Friendships Content: Developing empathy, compassion and communication: <ul style="list-style-type: none"> Making and maintaining friendships Identifying and challenging bullying behaviour Communicating safely online </p> <p>Literacy: Worksheets Numeracy: British values: Individual Liberty, Respect & Tolerance</p>	<p>Respect & Tolerance Content: respect for beliefs, values and opinions and advocacy skills: <ul style="list-style-type: none"> Stereotypes, prejudice and discrimination Promoting diversity and equality </p> <p>Literacy: Worksheets Numeracy: British values: Rule of Law, Individual Liberty, Respect & Tolerance</p>	<p>Healthy Minds Content: Developing empathy, compassion and strategies to access support: <ul style="list-style-type: none"> Mental health (including selfharm and eating disorders) Change, loss and bereavement Healthy coping strategies </p> <p>Literacy: Worksheets Numeracy: British values: Individual Liberty, Respect & Tolerance</p>	<p>Healthy Choices Content: Developing agency and decision making, strategies to manage influence and access support: <ul style="list-style-type: none"> First aid and life-saving Personal safety Online relationships </p> <p>Literacy: Worksheets Numeracy: British values: Individual Liberty</p>	<p>Money Matters Content: Developing resilience and risk management skills: <ul style="list-style-type: none"> Money management Fraud and cybercrime Preparing for adult life </p> <p>Literacy: Worksheets Numeracy: British values: Individual Liberty</p>
Cross Curricular					
Lent HT3	<p>Healthing Living Content: Developing agency, strategies to manage influence and decision making: <ul style="list-style-type: none"> Regulating emotions Diet and exercise Hygiene and dental health Sleep </p> <p>Literacy: Worksheets Numeracy: British values: Individual Liberty</p>	<p>Peer Pressures Content: Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> Drugs and alcohol Introduction to contraception Resisting peer influence Online choices and influences </p> <p>Literacy: Worksheets Numeracy: British values: Rule of Law, Individual Liberty</p>	<p>Developing analytical skills and strategies to identify bias and manage influence: <ul style="list-style-type: none"> Financial decisions Saving and borrowing Gambling, financial choices and debt </p>	<p>Developing respect for diversity, risk management and supportseeking skills: <ul style="list-style-type: none"> Nature of committed relationships Forced marriage Diversity and discrimination </p>	<p>Developing confidence, self-worth, adaptability and decision making skills: <ul style="list-style-type: none"> Recognising and celebrating successes Transition and new opportunities Aligning actions with goals </p>
Cross Curricular					
Lent HT4	<p>Developing self-confidence and self-worth: <ul style="list-style-type: none"> Puberty and managing change Body satisfaction and selfconcept </p>	<p>Developing goal setting, motivation and self-awareness: <ul style="list-style-type: none"> Aspirations for the future Career choices Identity and the world of work </p>	<p>Developing self-confidence, risk management and strategies to manage influence: <ul style="list-style-type: none"> Friendship challenges Gangs and violent crime Drugs and alcohol Assertive communication </p>	<p>Developing communication and negotiation skills, risk management and support-seeking skills: <ul style="list-style-type: none"> Relationship values Maintaining sexual health Sexual health services Managing relationship challenges and endings </p>	<p>about different types of relationships and families, including single parents, step parents, same sex parents, blended families, foster and adoptive parents <ul style="list-style-type: none"> how to identify and evaluate parenting skills and assess readiness for parenthood to recognise that fertility changes over time and evaluate the implications of this to evaluate beliefs, influences and circumstances that inform decisions in relation to pregnancy how to access appropriate advice and support in relation to pregnancy, including miscarriage </p>

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Summer HT5	Developing assertive communication, risk management and support-seeking skills: <ul style="list-style-type: none"> • Rights in the community • Relationship boundaries • Unwanted contact • FGM and forced marriage 	Developing risk management skills, analytical skills and strategies to identify bias: <ul style="list-style-type: none"> • Managing online presence • Digital and media literacy 	Developing assertive communication, clarifying values and strategies to manage influence: <ul style="list-style-type: none"> • Healthy/unhealthy relationships • Consent • Relationships and sex in the media 	Developing confidence, agency and support-seeking skills: <ul style="list-style-type: none"> • Making safe and healthy lifestyle choices • Health promotion and selfexamination • Blood, organ, stem donation 	
Cross Curricular					
Summer HT6	Developing agency and decision making skills: <ul style="list-style-type: none"> • Drugs, alcohol and tobacco • Safety and first aid 	Developing communication and negotiation skills, clarifying values and strategies to manage influence: <ul style="list-style-type: none"> • Healthy relationships • Boundaries and consent • LGBT+ inclusivity • 'Sexting' • Managing conflict 	Developing decision making, risk management and support-seeking skills: <ul style="list-style-type: none"> • Sexually transmitted infections (STIs) • Contraception • Cancer awareness • First aid 	Developing empathy and compassion, clarifying values and support-seeking skills: <ul style="list-style-type: none"> • Families and parenting • Fertility, adoption, abortion • Pregnancy and miscarriage managing grief and loss 	
Cross Curricular					